



# Greek Pasta Salad

## Ingredients:

1 box of pasta  
½ cup grape tomatoes, sliced  
½ cup cucumbers, sliced and quartered  
½ cup red onion, finely chopped  
½ cup kalamata olives  
Crumbled feta cheese

## Greek Dressing

⅓ cup extra virgin olive oil  
⅓ cup red wine vinegar  
juice of ½ lemon  
1 tsp oregano  
Salt  
Pepper

## Directions:

1. Boil 3 quarts of water, salt if desired
2. Add pasta and stir; Cook for 8-10 minutes
3. Strain pasta and allow to chill
4. Transfer pasta to a large bowl; Add topping and dressing
5. Mix until well combined
6. Enjoy!

## Cookware needed:

Pot  
Cutting board  
Strainer  
Large serving bowl

Cost: \$ \$ Ease: 

**Health Benefit:** This dish is filled with vitamins, minerals, and fiber from veggies to keep you fuller longer and support overall health. Extra virgin olive oil and olives provide healthy fats for brain and heart health. Feta cheese is a great source of calcium which supports strong bones.