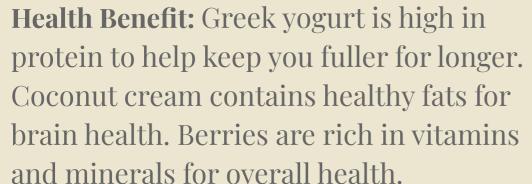




Cost: §



Ease:



## **Berries & Cream**

## Ingredients

2 cups strawberries

2 cups blueberries

1/2 can full fat coconut cream

1/2 cup full fat plain Greek yogurt

1 TBSP maple syrup, or to taste

1 tsp vanilla extract

## **Directions:**

- Wash berries; Cut strawberries into small pieces
- In a bowl, whisk together yogurt, coconut cream, maple syrup, and vanilla
- In a glass baking dish or individual cups, alternate between layers of fresh berries and cream of choice
- Allow to set in the fridge for at least one hour
- Serve and enjoy!

## Conkware needed:

Baking dish or individual cups

Large bowl

Whisk

